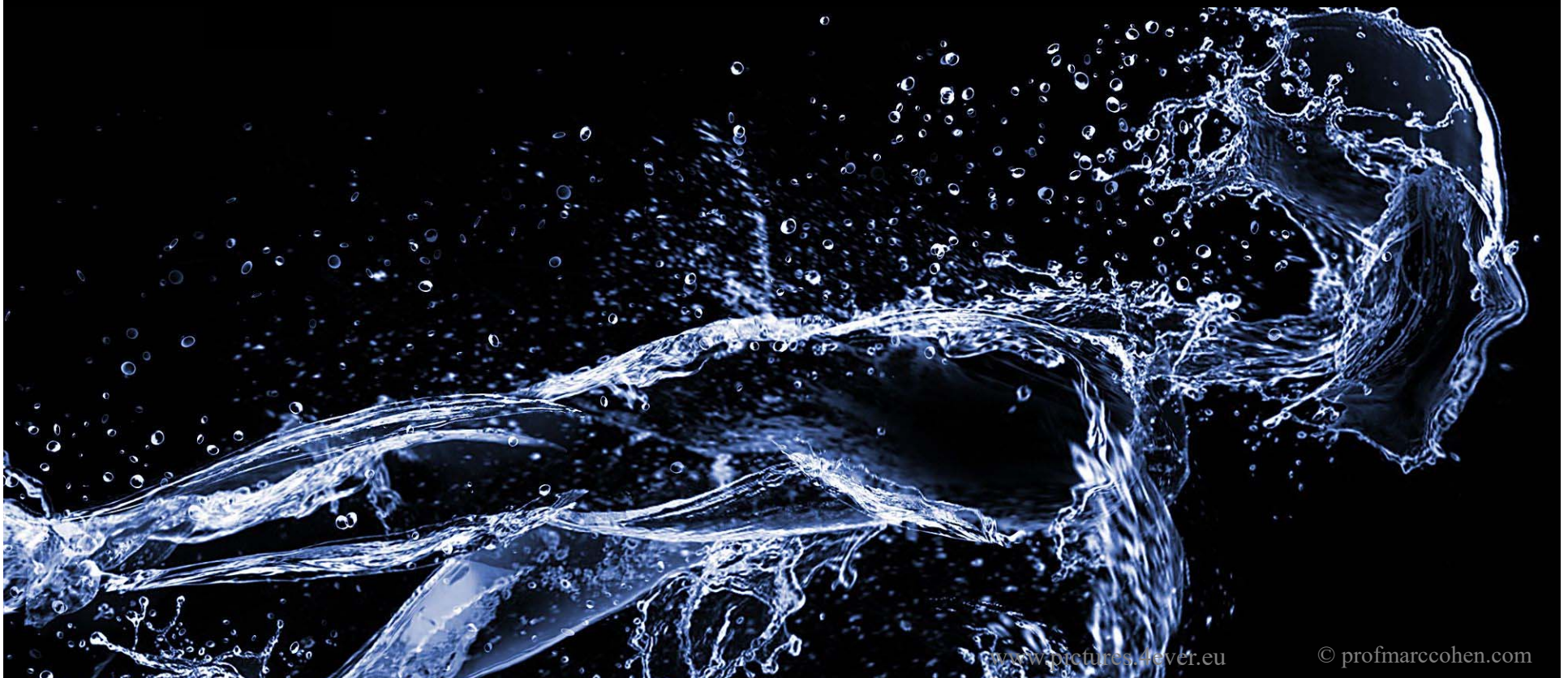


We are water

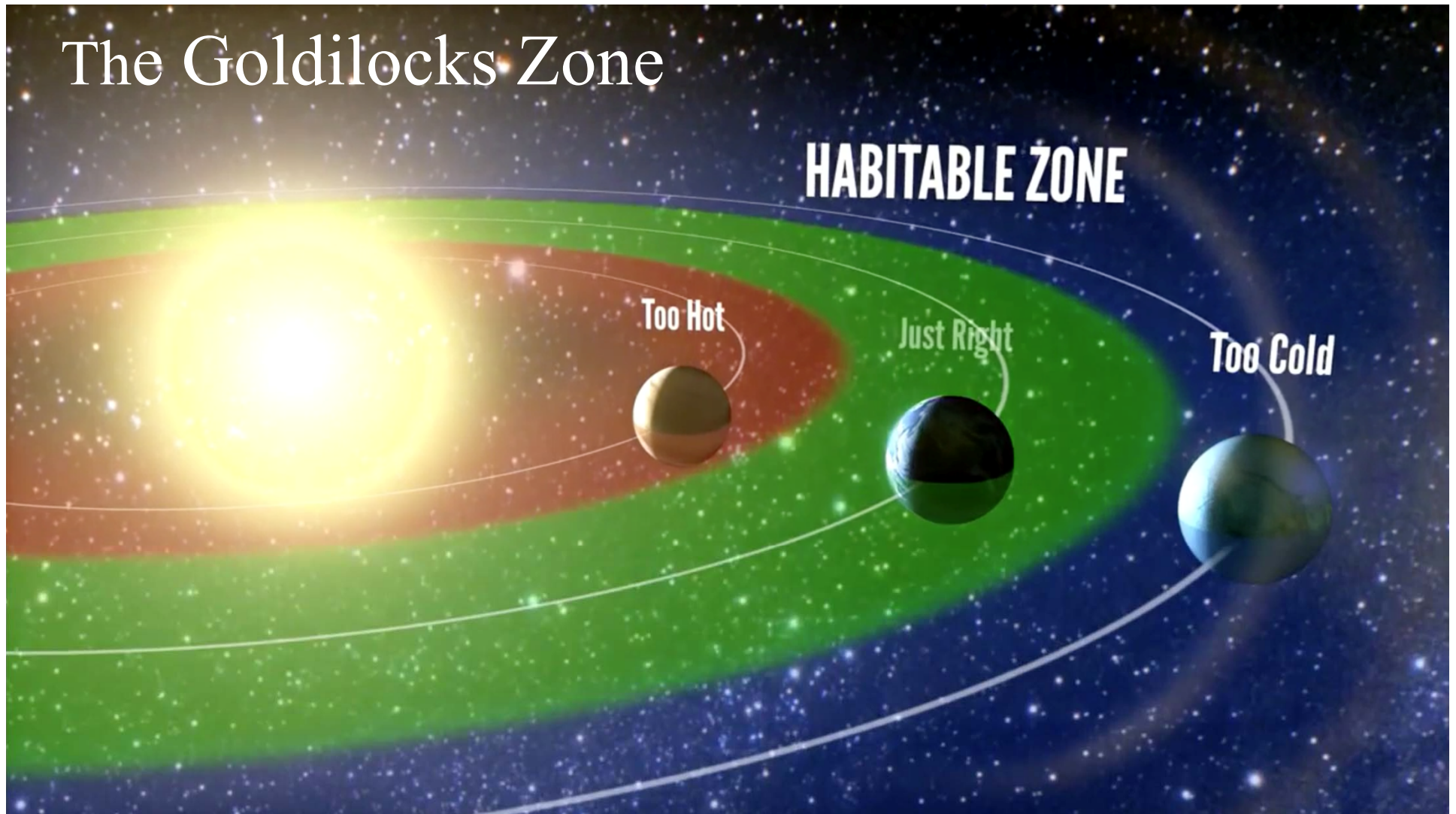
Water makes up 99% of our molecules



www.pictures-never.eu

© profmarccohen.com

The Goldilocks Zone



Bathing allows deeper relaxation
than any other activity



© drmarc.co

Bathing can be profoundly therapeutic



peninsulahotsprings.com



denizenworks.com/

Bathing provides an immersion in water where we can relax, find balance and connect to our essence through actively doing nothing.

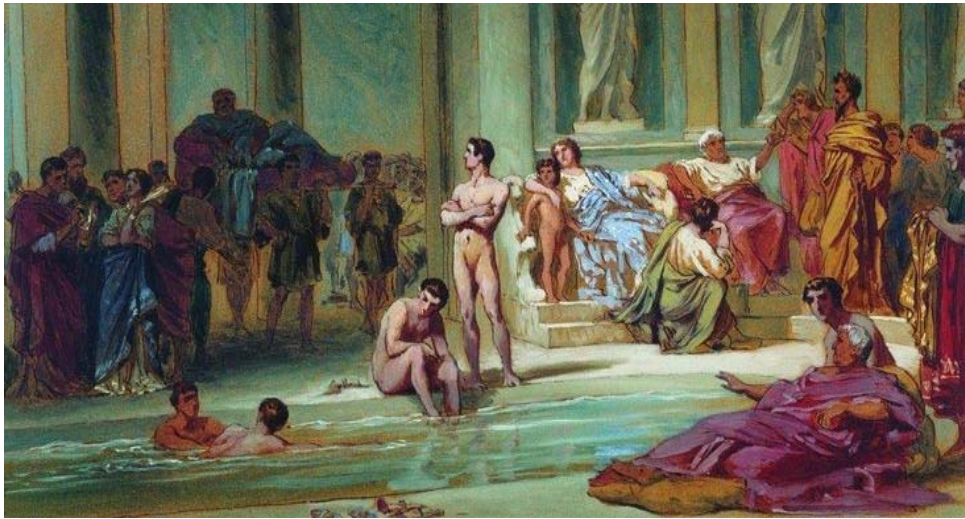


cedartubs.com



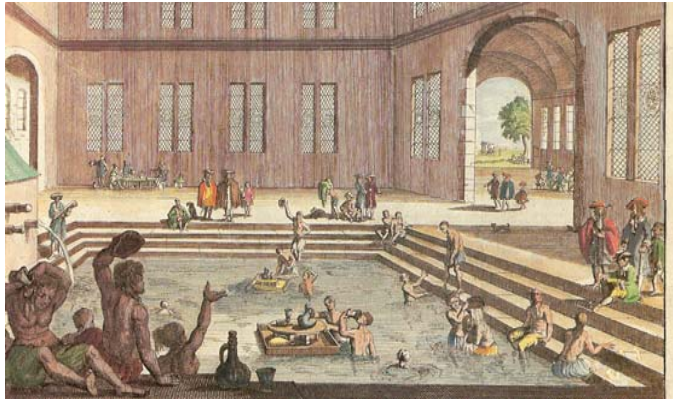
Bathing also provides controlled exposure to extremes of hot and cold inducing hormetic stress response where enduring discomfort enhances the experience of comfort

Bathing is the key to wellness and wealth



Hot Spring bathing is the basis for the oldest and most sustainable place based enterprise. Bathing is a fun, pleasurable, peaceful, social, multicultural and multigenerational activity that links diverse cultural, religious and spiritual traditions and plays a critical role in ensuring good health, dignity, confidence and comfort.

Bathing is the key to wellness and wealth



Bathing including sanitary practices such as washing the body, face and hair, along with handwashing and cleansing practices after toileting and menstruation play a vial role in preventing and controlling disease.

Bathing

- the world's most potent health intervention



www.bathetheworld.org

Bathing offers health benefits beyond any pharmaceutical, vaccine, or any other medical technology.

© drmarc.co

Adventure bathing

Creates wellness possibilities in remote areas



Bathing provides an immersion experience where we can relax, find balance and connect to our essence through actively doing nothing.

Bathing can also provide controlled exposure to extremes of hot and cold that allow us play with our tipping point.

Can bathing save the world?

Bathe the World Foundation - bathetheworld.org

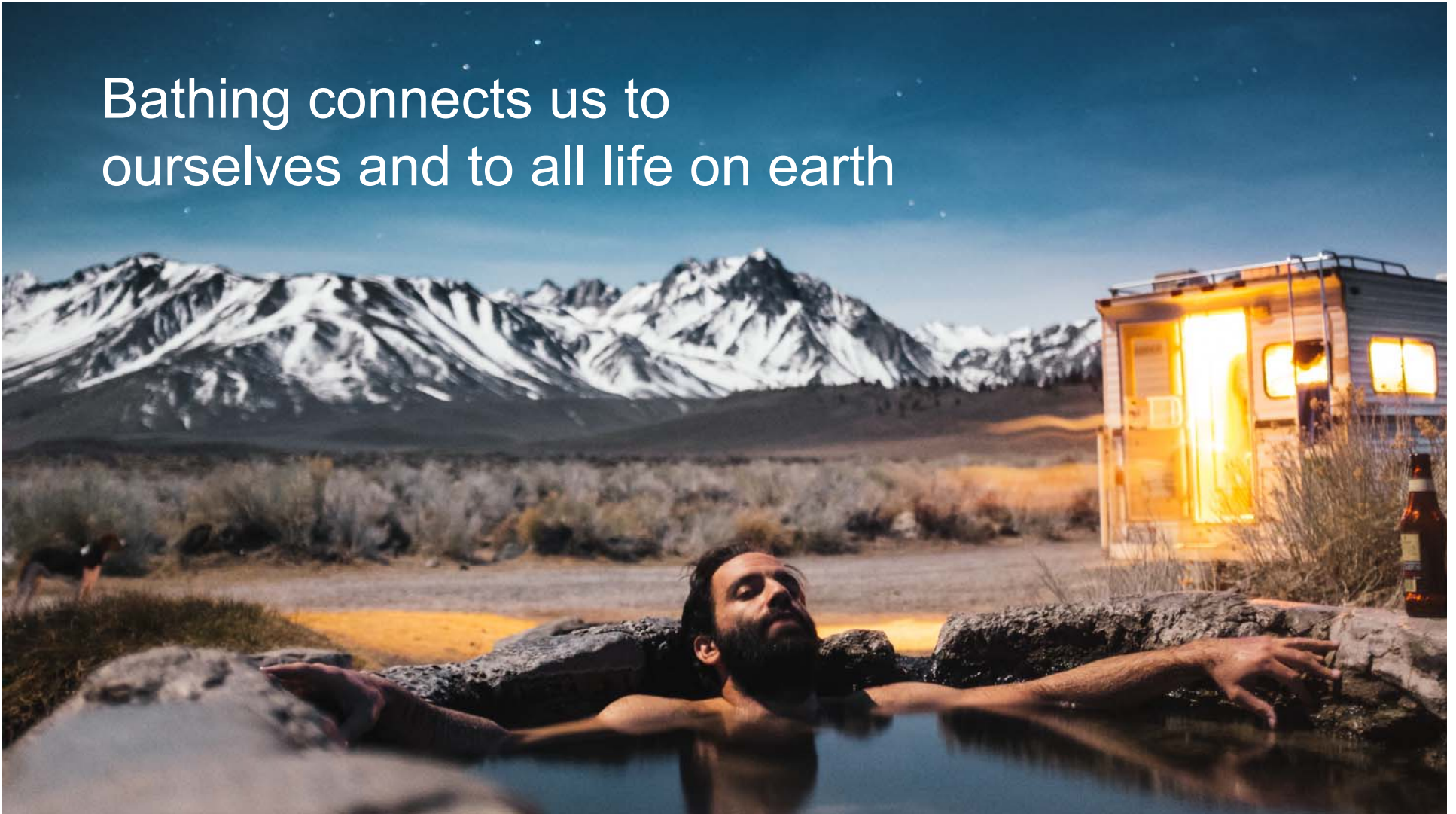


Bathing is a fun, pleasurable, peaceful, social, multicultural and multigenerational activity that links diverse cultural, religious and spiritual traditions and plays a critical role in ensuring good health, dignity, confidence and comfort.

We can transform the world through bathing
... one bath at a time

© drmarc.co

Bathing connects us to
ourselves and to all life on earth



Can we bathe the world?

A bucket a day is all that's needed



We have the technology
and resources to give
everyone a bucket a day

Wellness requires at least
2 litres to drink
8 litres to wash

We cannot be truly well unless all are well

100 gigitalitres/day can bathe the world – 20% of Sydney
harbour

www.bathetheworld.org

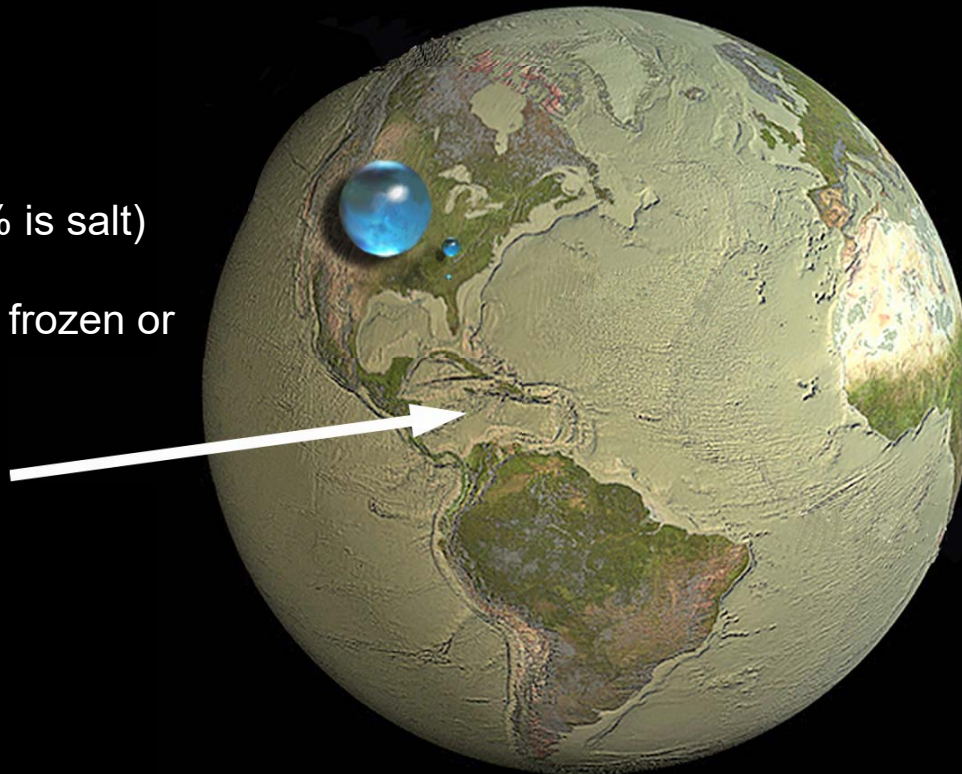
© drmarc.co

All life bathes in a drop of liquid water

Earth's water (~96.5% is salt)

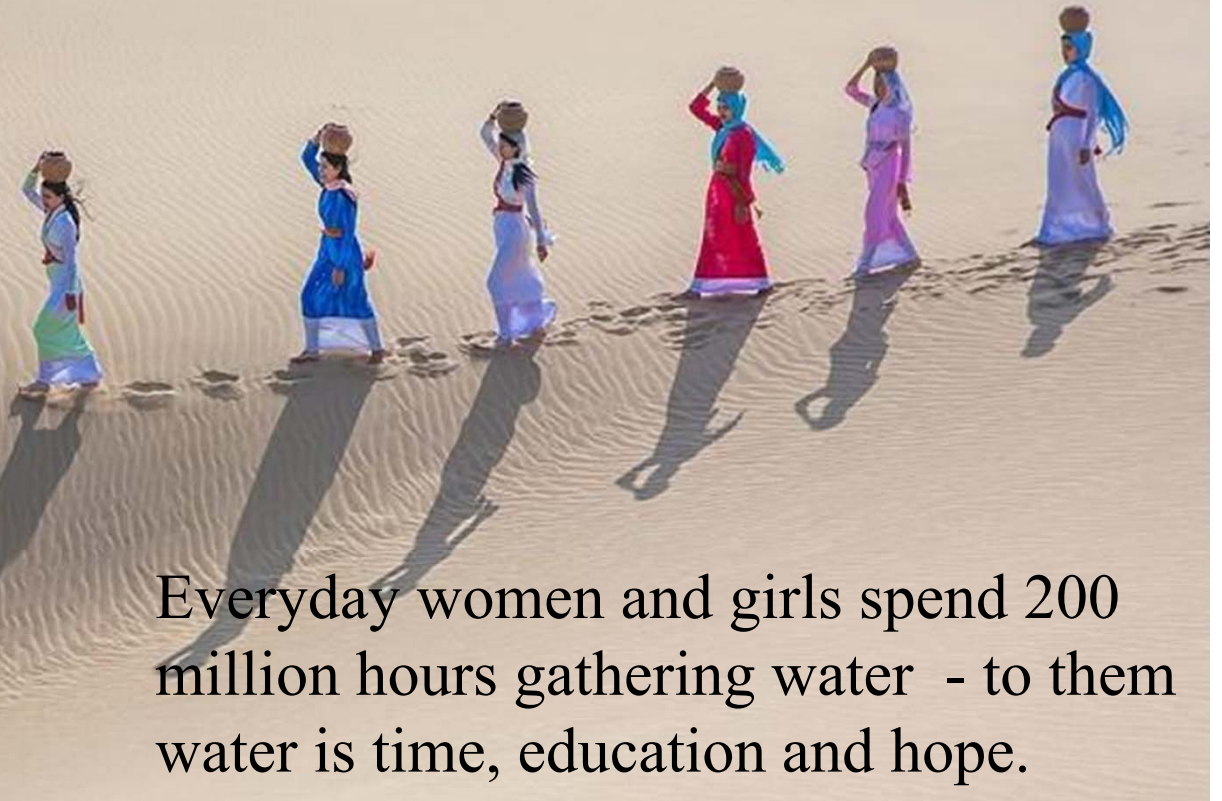
Fresh water (~99% is frozen or
in the ground)

Liquid fresh water



Access to bathing water is a critical health issue

1 in 3 people on earth
cannot bathe and
nearly 1000 children
die each day from
waterborne disease.



Everyday women and girls spend 200
million hours gathering water - to them
water is time, education and hope.



Celebrate World Bathing Day – June 22nd

Raise awareness and funds to support bathing across the world

Let us realize world wide wellness

