Closing the gap in a generation Michael Marmot UCL Chair of WHO Commission on Social Determinants of Health

World Congress of Epidemiology Porto Alegre, Brazil Keynote lecture September 2008



# Outline

Inequities and the social gradient
 Convergence of challenges;
 Addressing the challenges – taking action on the social determinants of health

## Between country inequities...

Life expectancy 43 years shorter for women in Zambia (43) than for women in Japan (86) (wно 2008)

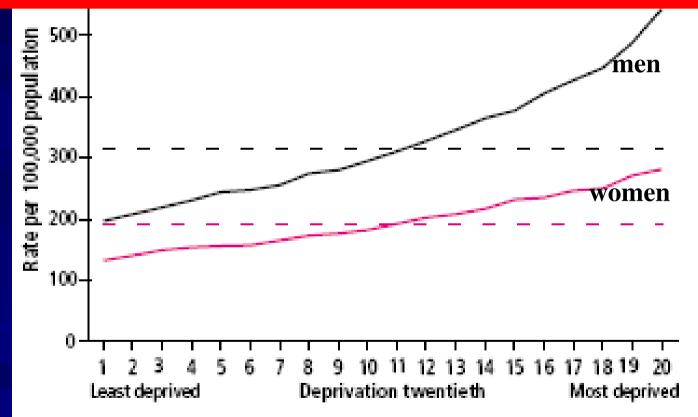
The lifetime risk of maternal death is one in eight in Afghanistan; it is only 1 in 17 400 in Sweden (WHO et al 2007)

# Within country inequities...

- Life expectancy 17 years shorter for black men Washington DC than for white men in nearly Montgomery County.
- Maternal mortality 3-4 times higher among the poor compared to the rich in Indonesia.

Deaths rates (age standardized) for all causes of death by deprivation twentieth, ages 15-64, 1999-2003, England and Wales

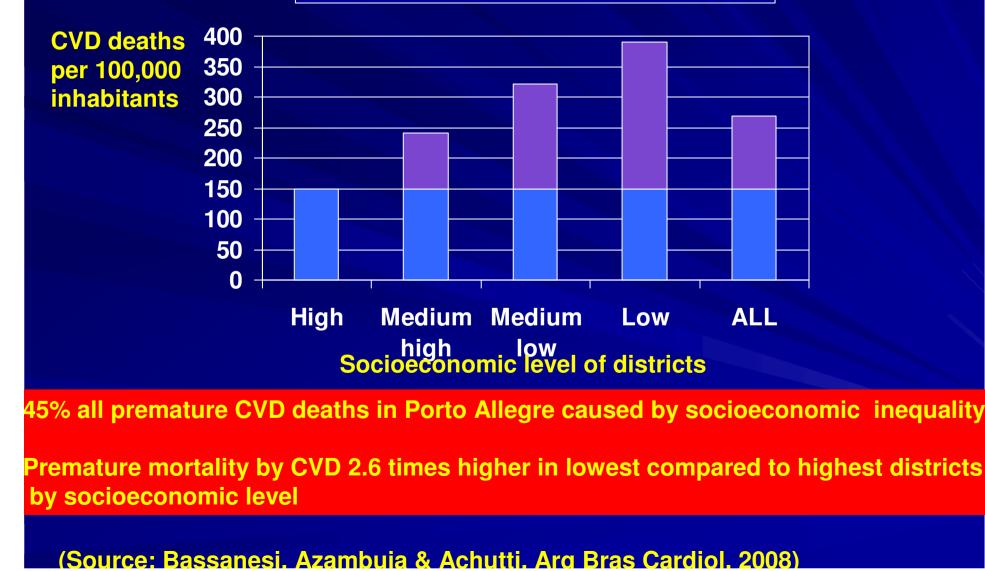
Difference in adult mortality between least and most deprived neighbourhod in UK more than 2.5 times.



The dashed lines are average mortality rates for men and women in England and Wales **Romeri et al 2006** 

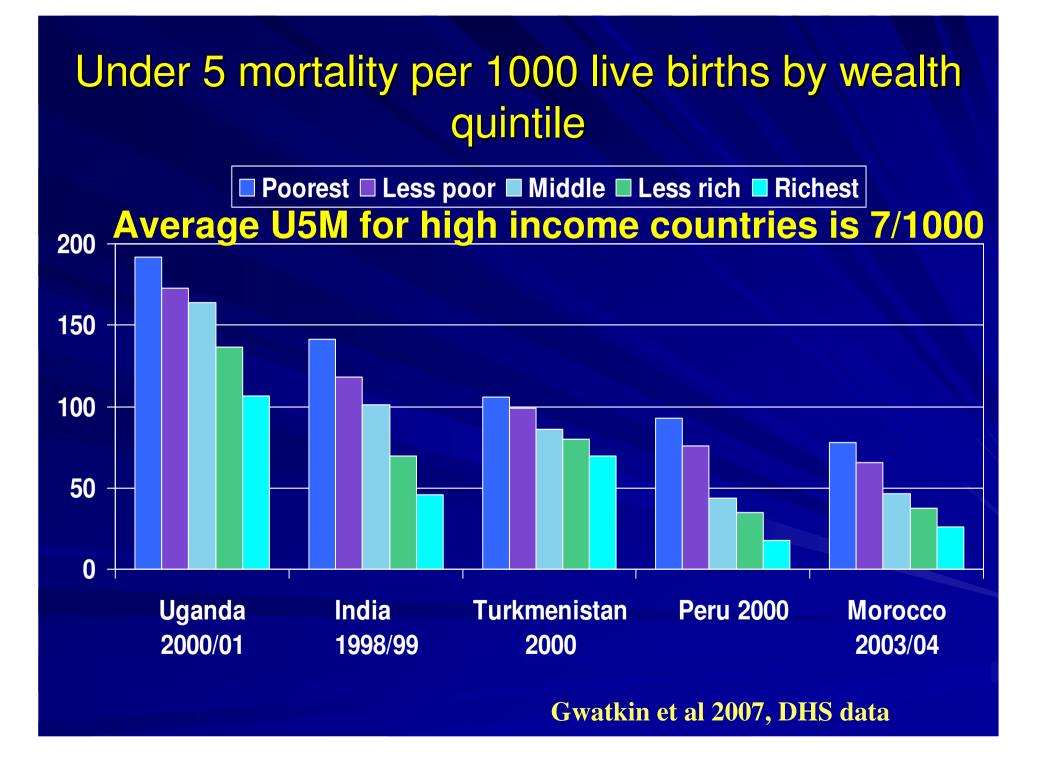
### Cardiovascular deaths of people aged 45 - 64 and social inequalities: Porto Alegre, Brazil

### CVD deaths Attributable CVD deaths



Dramatic inequalities dominate global health

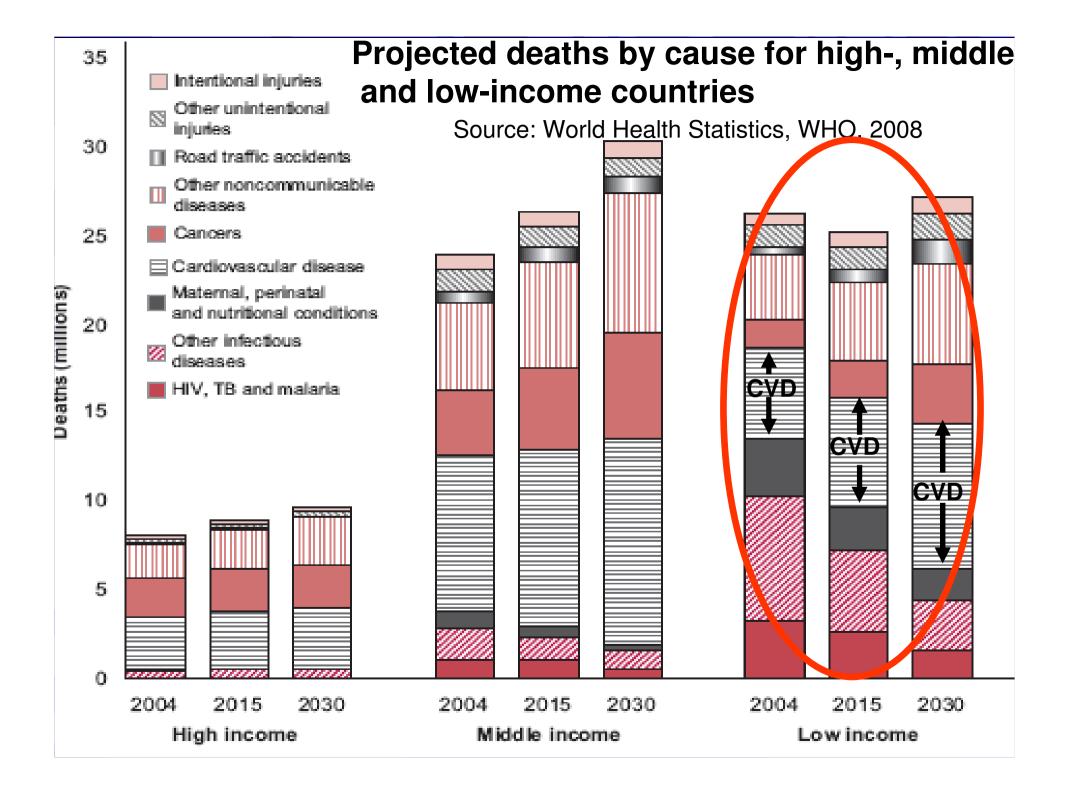
A social gradient in health exists in all countries and within cities



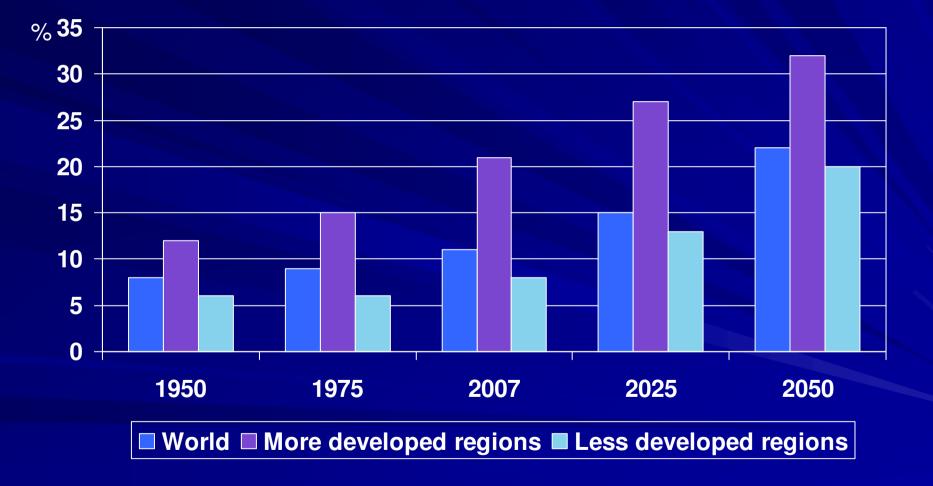
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Double burden of disease - communicable and noncommunicable

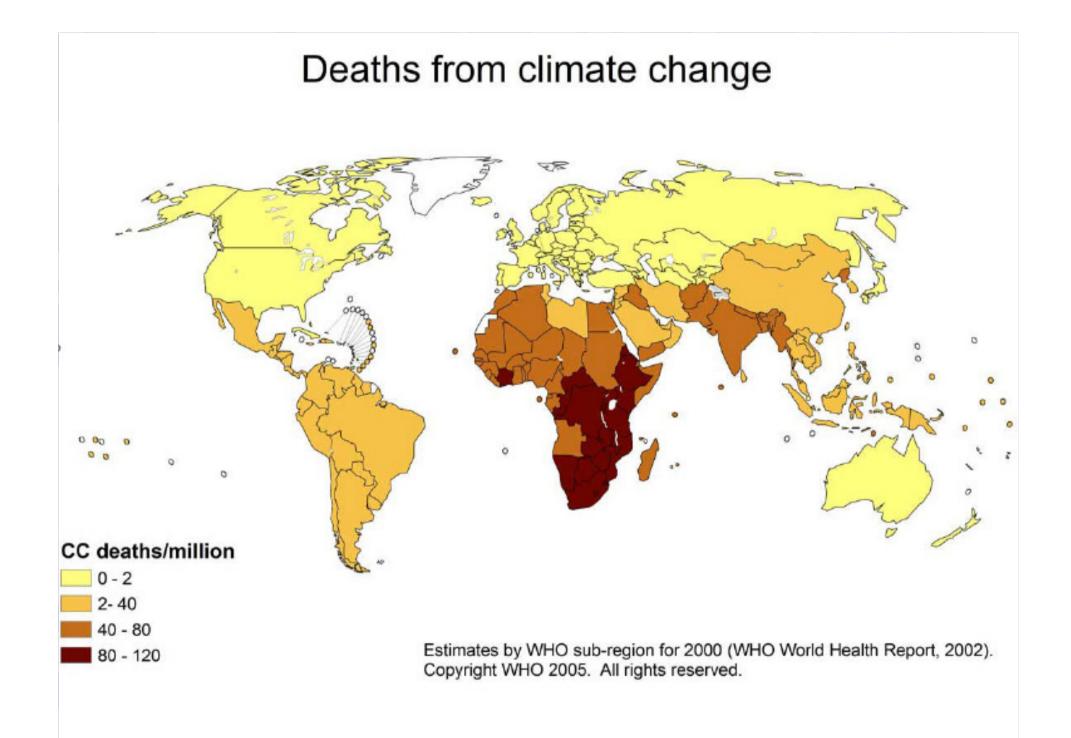


### Proportion of population aged 60 or over



Source: World Population Ageing 2007, UNDESA

# Climate change – adds urgency to take action on SDH



# Outline

So what's new...?
 Convergence of challenges;
 Addressing the challenges – taking action on the social determinants of health



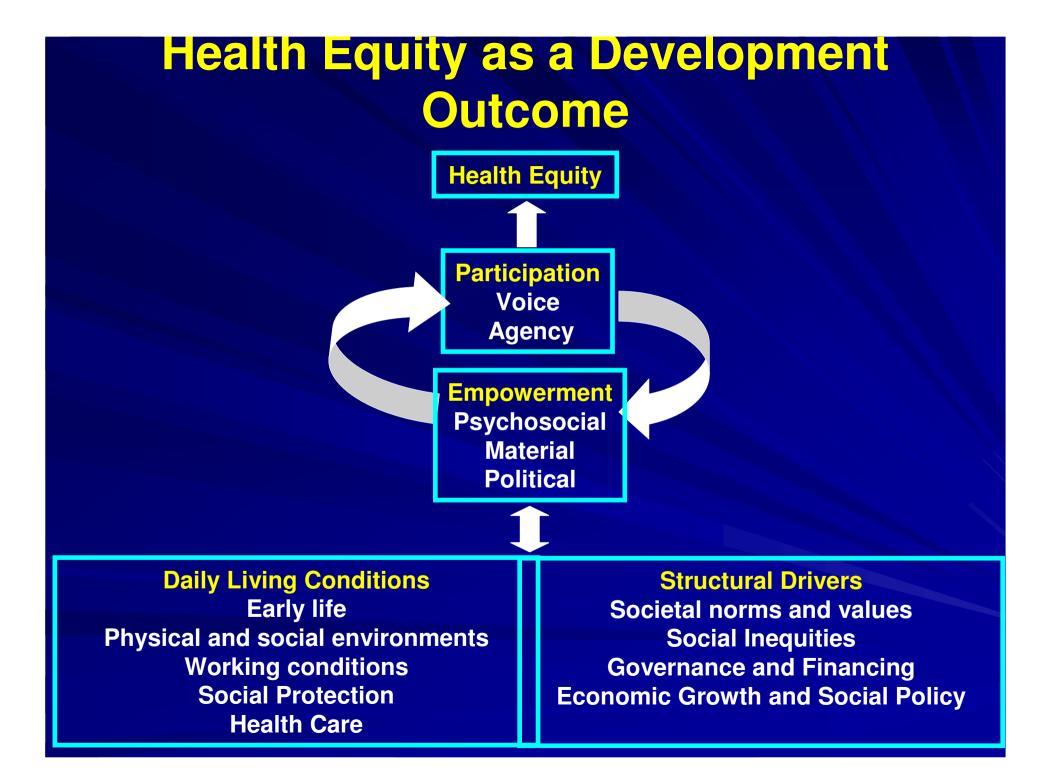
Commission on Social Determinants of Health

## Closing the gap in a generation

Health equity through action on the social determinants of health



Economic and social policies matter for health and health equity



## WHO Commission on Social Determinants of Health 2005 -2008

- Commissioners
- 9 Knowledge
   Networks
- Country Partners
- Civil society work
- Global initiative
- WHO integration

Set up by the World Health Organisation www.who.int/social\_determinants



Structural drivers of those conditions at global, national and local level

**Conditions in which people are born, grow, live, work and age** 

### **Monitoring, Training, Research**

**Health Equity in all Policies** 

**Fair Financing** 

Good Global Governance

Market Responsibility Early child development and education Healthy Places Fair Employment Social Protection Universal Health Care

**Gender Equity** 

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**Health Equity in all Policies** 

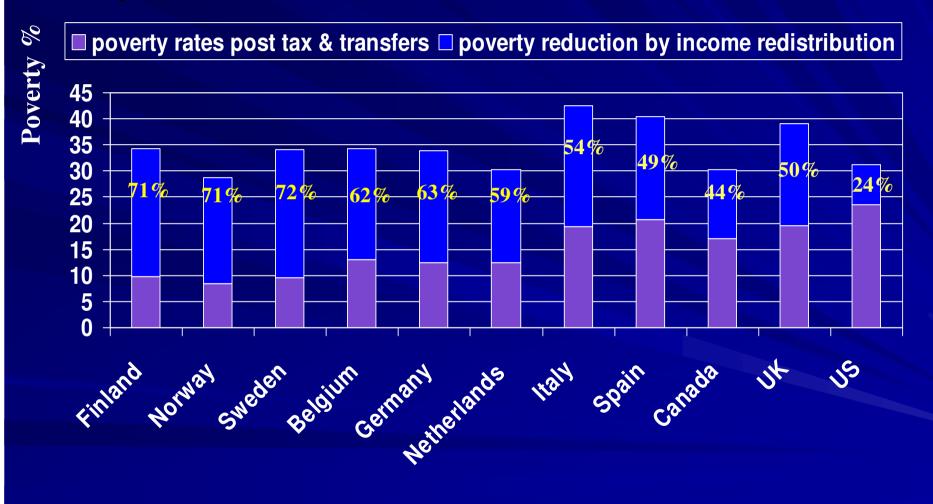
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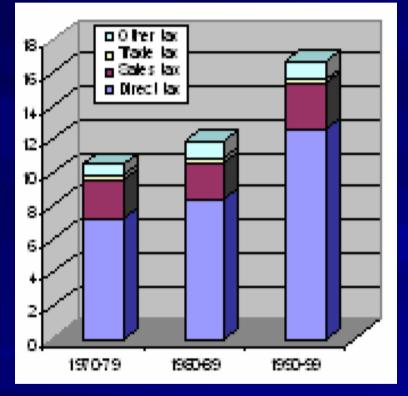
**Gender Equity** 

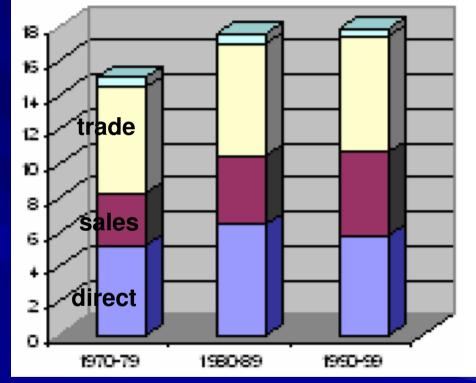
# Proportion relatively poor pre and post welfare state redistribution



Source: Fritzell & Ritakallio 2004 using Luxembourg Income Study data, CSDH Nordic Network

# Taxation in East Asia (left) and sub-Saharan Africa (right), 1970–79, 1980–89, and 1990–99





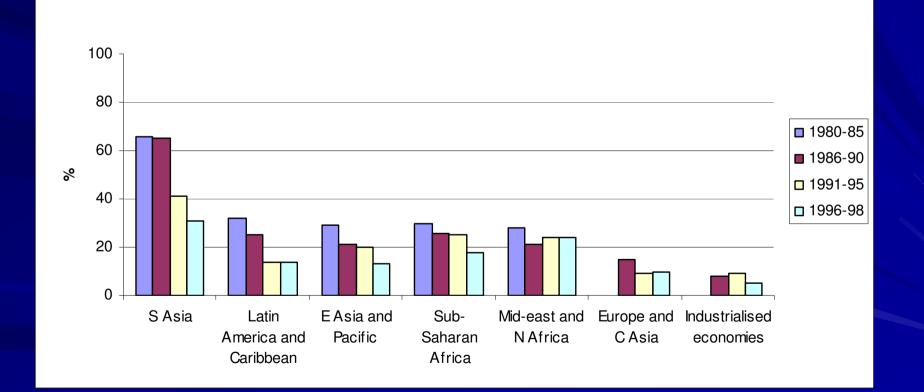
### East Asia

### sub Saharan Africa

Cobham 2005

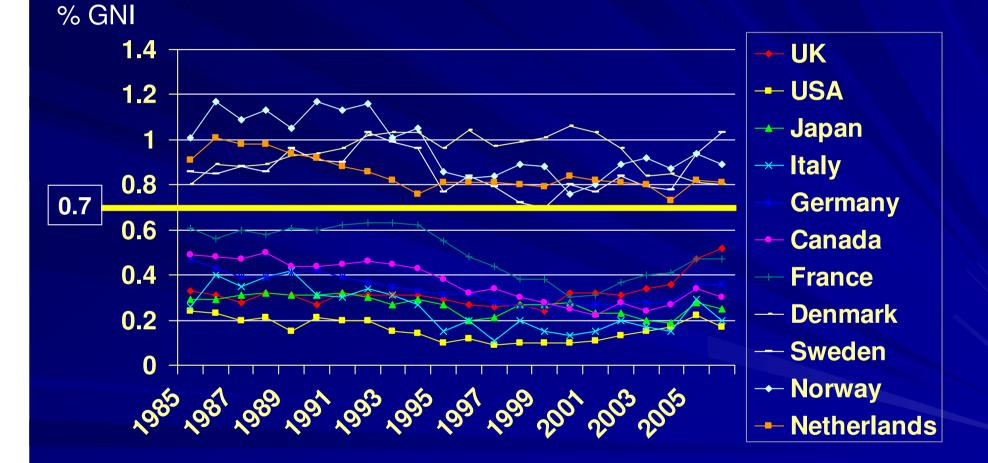
# Proportion of tariffs in total revenue by region, 1980-1998

Low income countries are relatively more reliant on import tariffs for public revenue. Trade liberalization has reduced the availability of tariff revenues since 1970s



Source: GKN 2007

# Trends in development assistance, G7 and selected comparison countries, 1985 - 2006



Source: OECD, Development database on Aid from DAC Members

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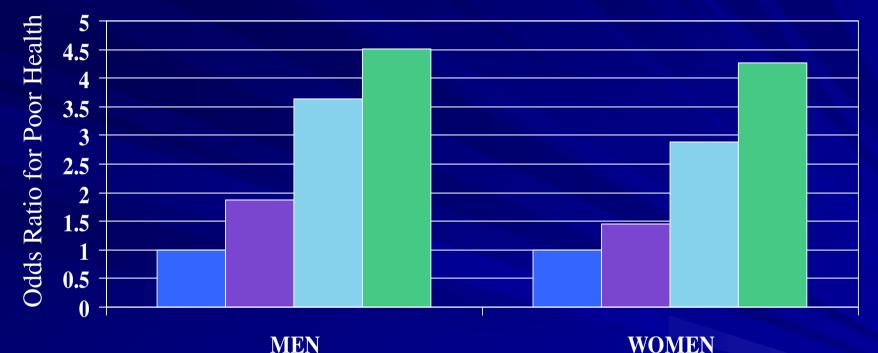
**Gender Equity** 

 Child survival and early child development
 Physical, cognitive/language, social/emotional

### Poor self-rated health at age 50+ and accumulation of socio-economic risk factors over life course – Russian

No. of risk factors





MEN

#### **Risk factors**:

- •Ever hungry to bed aged 15 yr
- •Elementary /vocational education
- •Adult household income below median

### (Nicholson et al 2005)

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# Global slum upgrading

Cost estimate: less than US\$ 100 billion.
 Finance on shared basis, for instance by

 international agencies and donors (45%),
 national and local governments (45%), and
 households themselves (10%), helped by
 micro-credit schemes.

# Slum upgrading in India

- Slum upgrading in Ahmadabad, India, cost only US\$ 500/household.
- community contributions of US\$ 50/household.
- Following the investment in these slums, there was improvement in health
  - decline in waterborne diseases,
  - children started going to school,
  - women were able to take paid work, no longer having to stand in long lines to collect water.

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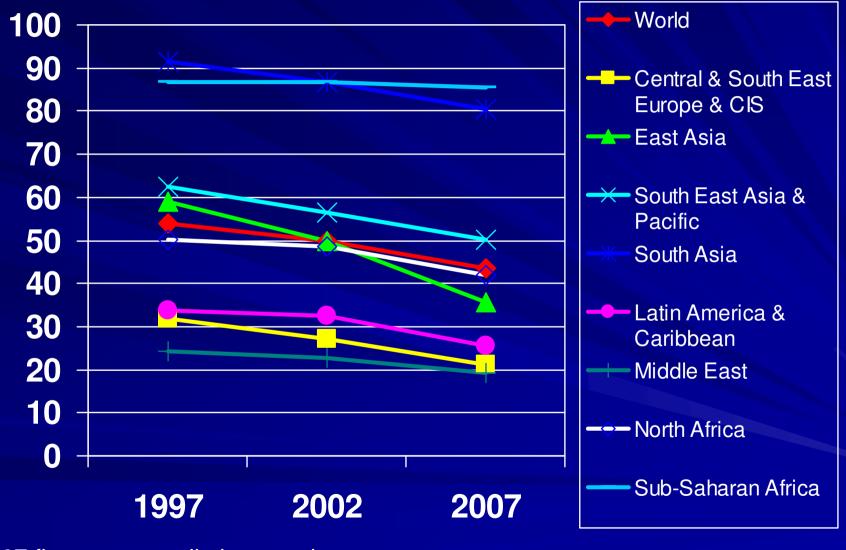
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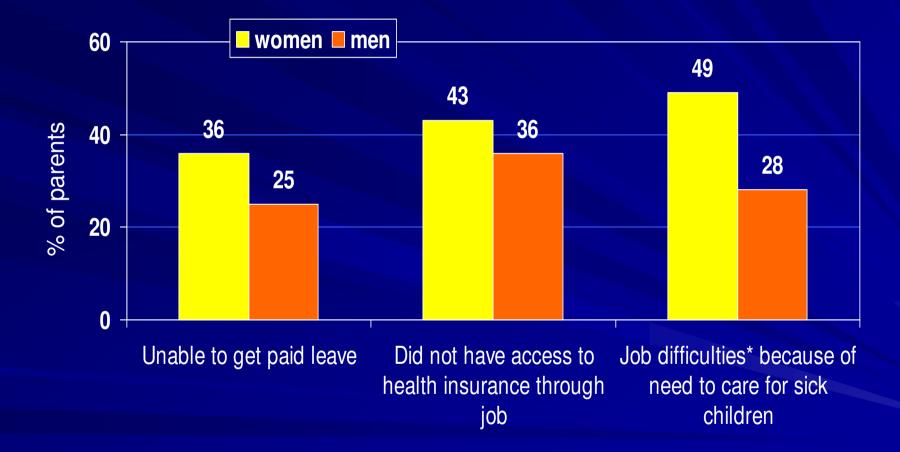
**Gender Equity** 

## Regional variation in the percentage of people in work living on US\$ 2/day or less



2007 figures are preliminary estimate ILO 2008

Gender inequities in labour conditions: lost pay or lost job promotions or difficulty retaining jobs



\* Job difficulties: lost pay or lost job promotions or difficulty retaining jobs. Adapted from Heymann (2006), Forgotten Families. Average percentages based on selected countries.

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## Building social protection for the elderly – material

- psychosocial

### Minimum income for healthy living – Morris et al.

- Diet
- Physical activity/body and mind
- Psychosocial relations/social connections/active minds
- Getting about
- Medical care
- Hygiene
- Housing

#### Psychosocial relations/social connections/active minds

 Telephone
 Stationery, stamps
 Gifts to grandchildren/others
 Cinema, sports, etc
 Meeting friends, entertaining TV set and licence
Newspapers
Holidays (UK)
Miscellaneous, hobbies, gardening etc

## Weekly disposable incomes for people over 65, England 2007

|                  | State<br>pension | Pension<br>credit<br>guarantee* | Minimum<br>income for<br>healthy<br>living ** |
|------------------|------------------|---------------------------------|---|
| Single<br>person | £87.30           | £119.05                         | £131.00                                       |
| Couple           | £139.60          | £181.70                         | £208.00                                       |

\*Rent, mortgage and council tax may be paid after further means testing \*\* people 65+ living independently in the community; excludes rent, mortgage and council tax Morris et al 2007 IJE

# Social pensions in selected low and middle income countries

| Country    | Age<br>eligible | Universal<br>or means<br>tested | Monthly<br>amount<br>(US\$) | % of<br>pop 60+ | % of<br>people<br>60+<br>receiving |
|------------|-----------------|---------------------------------|-----------------------------|-----------------|------------------------------------|
| Bangladesh | 57+             | Μ                               | US\$ 2                      | 6%              | 16%<br>(age 57+)                   |
| India      | 65+             | Μ                               | US\$ 4                      | 8%              | 13%                                |
| Thailand   | 60+             | M                               | US\$ 8                      | 11%             | 16%                                |
| Botswana   | 65+             | U                               | US\$ 27                     | 5%              | 85%                                |

### Lesotho

Since 2004 universal social pension scheme for all aged 70+ years
costs 1.43% of GDP
benefit level is about the same as the national poverty line (about US\$ 21/month).

Monthly disbursement through post office network in rural and urban areas

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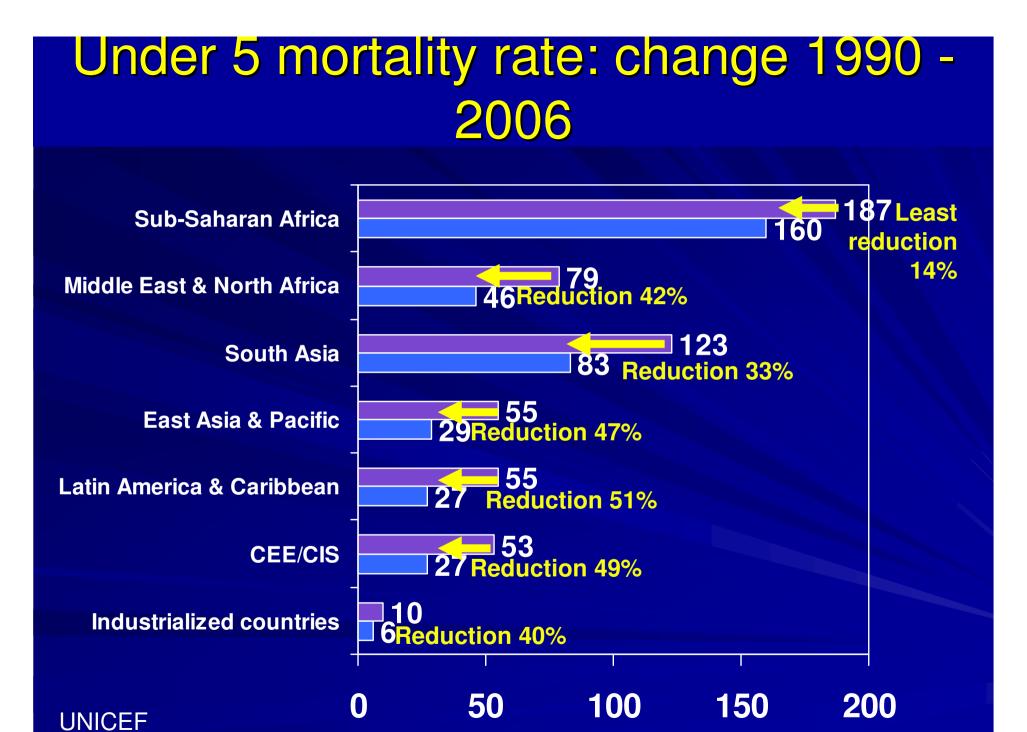
Universal Primary Health Care
Community based
Disease prevention
Health promotion – using social determinants framework

EMPOWERMENT
 MATERIAL
 PSYCHOSOCIAL
 POLITICAL

### What's next?

WHO taking the lead
Building capacity
Advocacy
Research
Training





### Trends in U5M by wealth quintile: Bangladesh





A world where social justice is taken seriously



#### www.who.int/social\_determinants/en